

Information about coronavirus for refugees and new immigrants in Bremen

In the course of the dangers of the coronavirus, almost all of Bremen's public life has come to a standstill. In order to prevent further infections, contacts with other people should be avoided. Therefore, all schools, shops and other places where people can meet have been closed. Only shops for immediate daily needs are open, namely grocery stores, pharmacies and doctor's clinics.

In this case, we have therefore also discontinued our advisory and educational offers for the public.

Are you afraid of being infected from coronavirus?

Who is suffering from fever, cough or respiratory diseases and has been in risk areas, or had any contact with infected people in the past two weeks should proceed as following:

The first thing to do is to contact your doctor by phone. You shouldn't at all go directly to the clinic or the corona emergency service. If your doctor's clinic is closed, those affected can contact the medical service of the Association of Statutory Health Insurance on phone number: 116 117.

The doctor decides, whether a test or a domestic isolation is necessary or not, and can refer to one of the two corona outpatient clinics in Bremen in case of emergency.

Endangered people

The coronavirus-induced disease COVID-19 can lead to a very serious and even fatal disease in some cases. People who are particularly at risk, are the older ones, or people with previous diseases such as lung diseases, cardiovascular diseases or a weakened immune system.

If this applies to you, then take special care of yourself and avoid all contacts with other people who are not absolutely necessary to meet.

In many cases is the course of the disease rather mild. You don't notice the coronavirus infection and many infections are likely to go undetected. Therefore, you should definitely avoid direct contact with other people to protect yourself and the others. Use the phone or the Internet instead. For the children, the disease usually appears to take a mild course. But children can also infect others! People at particular risk should therefore also distance themselves from children and under no circumstances take care of children who have now to stay at home because of the closings of the schools and Kindergarten.

General hygiene measures

The same as flu and other acute respiratory infections, good hygiene is an important protection against transmission of the new coronavirus. The 10 most important hygiene tips are available for download in several languages at:

<https://www.infektionsschutz.de/mediathek/infografiken.html>

ZSB

You will find information and contacts for our projects online at: www.zsb-bremen.de

in cooperation with:



Die Senatorin für Soziales, Jugend,
Frauen, Integration und Sport

Die Senatorin für
Kinder und Bildung



Freie
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Bremen



Amt für Soziale Dienste



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Information about authorities and consultations

Job Center/ Employment Agency

Started from Wednesday 18.03.2020, all branches of the Bremen-Bremerhaven employment agencies and the job centers in Bremen and Bremerhaven have been closed for personal meetings. The social benefits, which are received from the job centers, will be automatically continued. Appointments already scheduled don't need to be canceled.

For other concerns:

Employment Agency Bremen-Bremerhaven

Tel. 0800 4 5555 00 / Tel. 0421 178 2535

Job Center Bremen

Tel. 0421 178 2 666

You can find the job center's online service at: <https://www.jobcenter-bremen.de>, the agency's extensive E-Services at www.arbeitsagentur.de/eServices.

Locating Consultation for young Immigrants at the 'Jugendberufsagentur'

Still reachable by phone:
0421 361 17265 oder 0421 361 24176

Social Service Office

Payments which are provided by the social offices will be continued according to the AsylbLG till 31.05.2020, without the need to bring an extending of the residence papers or 'Duldung'.

Immigration Office Bremen

There will be also no more personal appointments at the Immigration Office. If a residence permit, residence papers or 'Duldung' expires in March or April, the Migration Office will send the extended papers by post with a short delay. If you also have an important request for the Immigration Office, please send an Email to: office@migrationsamt.bremen.de

Workers' rights

If you have a job and your company now faces economic problems because of the measures against the corona virus: Despite Corona, the regulations on protection against dismissal continue to apply without restrictions. Workers' rights also apply in the crisis! Don't sign anything you don't understand! For example, if your employer requests you to sign a termination, it could be a termination agreement from your side, which can lead to a suspension from the social benefits of the Employment Agency or the job center.

Bremen and Bremerhaven Integration Network (bin)

You can find the contact details for the consultation centers of the BIN network to support you in finding a job or a vocational training position. BIN clearing office will support you with your questions regarding your residence situation at:

https://www.bin-bremen.de/teil_projekte

AVA in the district*

If you have general questions or need any support, you can contact our AVA in the district project via phone or email:

Svenja Müller	mobil: 0173 - 60 80 917 svenja.mueller@drk-bremen.de
Khaled Lacheheb	mobil: 0151 - 46 21 0645 lacheheb@drk-bremen.de
Sarah Weber	mobil: 0160 - 43 35 337 weber@drk-bremen.de
Mahmoud Herh	mobil: 0151 - 46 25 9121 herh@drk-bremen.de
Janina Heins	mobil: 0151 - 46 25 8698 janina.heins@drk-bremen.de
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Amt für Soziale Dienste



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